

BASELINES



The Newsletter of the San Diego Tennis Federation

February 2005

Down the Line

Friday Night Doubles
6pm-6:45pm Sign Up
7pm Play Begins
Balboa Tennis Club @ Morley Field

Saturday Tennis Clinics
8:30am-10:30am
San Diego High School Courts
Free tennis instruction. All levels.

Singles Ladder Begins
Tuesday, Feb 1

Team Tennis Draw Party
Friday, Feb 4, at 7:30pm
Balboa Tennis Clubhouse

Team Tennis Play Begins
Sunday, Feb 6
9:00am & 11:00am
SD High School & City College Courts

SDTF Board Meeting
Tuesday, Feb 8, at 6:30 pm
President Brian Wood's estate.

Sweetheart's Tournament
Friday, Feb 11, at 7:00 pm
See story page 2

Valentine's Day
Monday, Feb 14

Random Acts of Kindness Week
February 14 - 20
See story page 3

MEMBER OF



Gay & Lesbian Tennis Alliance

The Prez Sez...



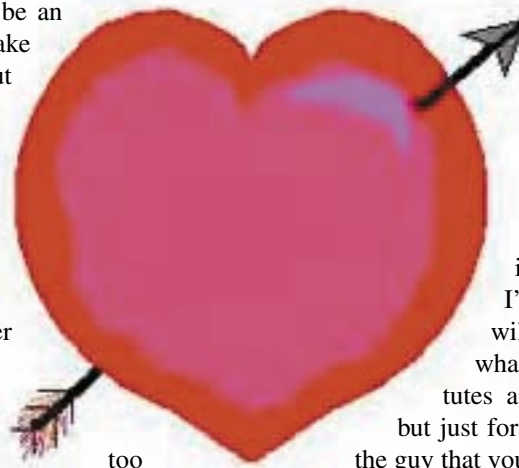
I thought that Romeo said it best a couple of weeks ago at Friday Night Doubles, when in the middle of the match, stopping the opponents service motion with the question: "Wait, wait, wait.... is that maple syrup and bacon I smell?" (which I thought should be an automatic "take 2" situation, but Romeo begged to differ. He's such a manipulator, that one, playing dirty all the time, but that's for another newsletter)

What I'm trying to say, in way many words, is that it's NOT maple syrup and bacon in the air, but **L-O-V-E!!!!** And let me tell ya, people, sometimes it stinks, and sometimes it's all rosy sweet, but like it or not February is upon us, so you had better keep on the lookout for that chubby little cherub holding a bow and arrow (no, not Steve Nugent, silly...CUPID!!!!) cuz he's got it aimed at your backside, and probably will let

What's that smell????

it fly just when you're trying to perfect that Justine Ennen Ardanne (typed with a fierce French accent) backhand.

February also brings us a couple of club events as well. Team Tennis is FAST approaching, and hopefully everyone will feel the squishiness in the air, so they will play all nice-like, and Arthur and Kenny will have a flawless season. AND...



Rancy Breece is feverishly working out details for the annual Sweetheart's Tournament, to be played by loving couples only.

I'm sure Rancy will have details on what exactly constitutes a "loving couple" but just for argument's sake,

the guy that you met last week at Bourbon Street probably won't qualify. (I know, he's got a cute butt and all, but rules are rules, and he won't be around next week, trust me, so let's just move on....)

Let's raise our glasses to that harlot we call "Love." It may mean "zero" in tennis-talk, but it's what makes our hearts skip a beat, and ya gotta LOVE that. 🍷

"Love has nothing to do with what you are expecting to get - only what you are expecting to give." - Katherine Hepburn

San Diego Tennis Federation | P.O. Box 3547 | San Diego, CA 92103 | www.sdttf.org

A non-profit organization established 1983, devoted to promoting tennis and related social activities among the gay and lesbian community of San Diego.

SDTF Board Members

President

Brian Wood
president@sdtf.org

Vice President

Armin Afsahi
vp@sdtf.org

Secretary

Jonathan Flood
secretary@sdtf.org

Treasurer

Steven Leff
treasurer@sdtf.org

Membership Chair

Rancy Breece
membership@sdtf.org

Ladder Chair

Derek Floyd
ladder@sdtf.org

Rules Chair

Bruce Kerschner
rules@sdtf.org

Social Chair

Kenn Baniqued
social@sdtf.org

Webmaster

Todd Nguyen
webmaster@sdtf.org

Articles & Submissions

If you have any pictures or articles you would like to submit to the newsletter, please send to **Derek Floyd** at newsletter@sdtf.org or contact any board member.

All submissions must be made by the 15th of the month.

Golden Racquet Award

Would you like to acknowledge someone in the Federation? Send in your entry by the 15th. Must be 500 words or less.

Sweetheart's Tournament

SDTF couples compete in round robin format

Love is in the air in February. But will there be love on the courts of Morley Field at the SDTF's annual Sweetheart's Tournament?

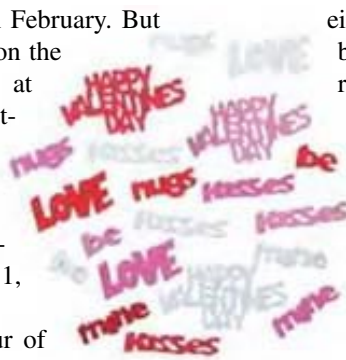
The Sweetheart's Tournament will be held during Friday Night Doubles on Friday, February 11, at 7:0 p.m.

Rancy will reserve four of the courts for the tournament, the remainder of the courts will be used for Friday Night Doubles as usual. The first

eight (8) couples to sign up will be able to compete in a round robin format.

Success will be measured by adding the number of games each couple wins and the number of years the couple has been together. Only one of the pair has to be an SDTF member in order for the couple to participate.

For more information, contact Rancy Breece. 🟡



"I've found what's truly sacred in life's small things...Hopefully, the world can be changed through acts of kindness, acts of affection and love--the idea of doing normal, everyday things that actually have an effect down the line...Be kind. Because the opposite works as well. You can send your hatred to the future. And we all know the end result."

- Sting

Spring Singles & Doubles League

We are currently seeking a League Coordinator

The SDTF is in need of a Spring League Coordinator. We would like to warmly thank Greg Anthes for all of his hard work organizing these leagues over the past few years and we are sorry to see him step down.

For anyone who may not know, the Singles and Doubles leagues are open to SDTF members of all levels of play. The Spring Leagues would begin after Team Tennis season in April.

The great thing about accepting the role of League Coordinator, is that you can make it into whatever you want. For

example, if you want the league to run a shorter span of weeks, you determine that schedule. You could just organize one singles and one doubles if you prefer. You can determine the format. It can really be whatever you want it to be.

If you are interested or know someone who would be interested in volunteering for this position, please contact Brian Wood at president@sdtf.org, or let any board member know. We need your help to continue to make these leagues happen! 🟡

Random Acts of Kindness Week

February 14 - 20



Throughout this issue you will find quotes on love and kindness in honor of St. Valentine, of course, but also to celebrate *Random Acts of Kindness Week* which

is February 14 - 20.

“The majority of us lead quiet, unheralded lives as we pass through this world. There will most likely be no ticker-tape parades for us, no monuments created in our honor.

But that does not lessen our possible impact, for there are scores of people waiting for someone just like us to come along; people who will appreciate our compassion, our unique talents. Someone who will live a happier life merely because we took the time to share what we had to give.

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have a potential to turn a life around. It’s overwhelming to consider the continuous opportunities there are to make our love felt,” said the very wise Leo Buscaglia.

And he is right...there is incredible power in very simple acts of kindness. And really it doesn’t require any investment of time or money to commit these acts.

Some ideas for how each of us could help

improve our world include:

- Pay a compliment at least once a day.
- Give the gift of your smile.
- Open the door for another person.
- Leave an extra big tip for the waiter.
- Let the person behind you in the grocery store go ahead of you in line.
- Bring a friend flowers or a book.
- (See *Storm and Obelisk ads page 9*)
- Tell your boss that they do a good job or your employees how much you appreciate their work.
- Offer to return a shopping cart to the store for someone loading a car.

For one week, act on every single thought of generosity that arises spontaneously in your heart, and notice what happens as a consequence!

“For attractive lips, speak words of kindness.”
-Audrey Hepburn,
when asked about her beauty secrets

If you are interested in helping with an SDTF Act of Kindness event in February, perhaps a clean-up party afternoon at Morley field or the SD High School courts, planting a Kindness Tree or Garden at Balboa Tennis Center, collecting canned goods for a charity or if you have other ideas to send, please contact Derek Floyd at newsletter@sdtf.org.

WE CAN MAKE A DIFFERENCE! 🟡

For more information on Random Acts of Kindness Week, check out: www.actsofkindness.org

*“How far that little candle throws his beams!
So shines a good deed in a weary world.”*
-William Shakespeare

Circuit Scoop

Smashing Valentine 2005
Eindhoven, Netherlands

Feb 11 - 13

Hein Jan Lapidaire 0031-736911869

Clay Court Classic 2005

Ft. Lauderdale, FL

Feb 18 - 21

Craig Dorsey (954) 535-0616

Aloha Tennis Open

Honolulu, HI

Feb 25 - 27

Herbie Rivera (808) 689-7610

Palm Springs Doubles

Palm Springs, CA

Mar 4 - 6

Shawn Snook/Nabil Najjar
(760) 898-1123

Heart of Texas Classic

Austin, TX

Mar 12 - 14

Roger Mills (512) 990-8844

Orange Blossom Championship

Orlando, FL

Mar 25 - 27

T.J. Greggs (407) 362-4302

Visit www.gлта.net for more info.

*“Kind hearts are the gardens,
Kind thoughts are the roots,
Kind words are the flowers,
Kind deeds are the fruits.*

*Take care of your garden
And keep out the weeds,
Fill it with sunshine
Kind words and kind deeds.”*

- Henry Wadsworth Longfellow

BASELINES is a monthly publication of the San Diego Tennis Federation.

Editor-in-Chief: Derek Floyd
Contributors: Kenn Baniqued, Rancy Breece, Polly Gut, Chris Clarke,
Karl Pongyingpis, Brian Wood, and of course, Agnes

Submit newsletter articles and photos to newsletter@sdtf.org by the 15th.

The SDTF is a non-profit organization devoted to promoting tennis and related social activities among the gay and lesbian community of San Diego. To learn more about the SDTF or for membership information, please visit our web site at www.sdtf.org.



San Diego Tennis Federation • PO Box 3547 • San Diego, CA 92163-1547 • www.sdtf.org

Playing with Polly Gut

Follow Polly's tips from the pros and watch your game improve!

This week while Polly lay strapped in her chair at Hiroko's House of Hair for my monthly coiffeur appointment, Polly thought to herself, "Polly, you need to track down that stringing sensation Karl Pongyingpis to enlighten us on a subject so few of us pay little attention to...OUR WEAVE."

Polly knows the importance of a good weave, as evidenced by my flowing curly blonde locks. But weaves come in all shapes and sizes and materials, and sometimes, when things aren't going so well, Polly just gets a fresh do and everything seems all better again.

But how do you know which weave works best for you? Well Polly caught up with Karl this month and here's what he had to say...

So Polly Gut came to me the other night with her fabulous new hairstyle, looking so *foine* and stylish with her new weave and extensions. She had come by to ask me about the string job she got. Specifically, she wanted to know what kinds of extensions were used in her hair. The stylist/stringer had such an array of strings that she could choose from: natural gut and synthetic strings-nylon, polyester, multifilament, and aramid/Kevlar. She wasn't informed about the various types of strings available, so she let the stylist choose. With that being the case, she wanted to edumacate herself to have more input the next time she got her weave done.

The best but most expensive strings are the ones made of natural gut. They provide great tension stability and elasticity, which provide much comfort and life to the string. Synthetic strings are less expensive, but more durable and similar versions of natural gut which are made of various materials. You have your choices of nylon, polyester, multifilament, titanium, and textured strings. Different strings will offer you different feel. The best way to determine what is best for you would be to just try them out yourself. Be warned that tennis strings can perform better or worse depending on the string material. The best synthetic strings I would recommend are Wilson NXT and Head Perfect Control or Power. Be careful of using strings like Polygut, Kevlar, Aramid, and Luxilon Big Banger types, because these strings can cause tennis elbow and sore shoulders if not strung 10-20% lower than what you usually string your racquets at.

Besides the type of string you use, other factors involved are tension, string thickness, and stringing patterns. Here are the general rules of thumb:

The higher the tension, the more control you gain and the more power you lose. The lower the tension, (vice versa) the more control you lose and the more power you gain. The looser the tension, the more the string will move so this might mean that they'll break a little faster. Looser tension provides more comfort often times, especially when you're using strings, like Polygut, Luxilon Big Banger, various polyesters/nylons, and aramid/Kevlar, that could be harsh on your arm(s) or elbow(s) if strung high enough. Note that leaving your racquet in high temperatures will often cause strings to lose its tension so don't leave them in the car.

Numbers that follow the name of the string indicate the gauge of the string. For example, the gauges of the following strings, Prince Synthetic Gut 15 and Wilson NXT 17, are 15 and 17 respectively. The higher the numbers are, the thinner the thickness of the string is. The thinner gauges give you more feel because the strings can grip or have a better bite on the ball. This also means that you'll have more control and spin potential. The disadvantage of a thin string is that they will break faster than thicker strings. On the other hand, the lower the numbers are, the thicker the strings are. The benefits of thicker strings are longer durability, but you are sacrificing some spin potential, control, feel, and touch.

Finally, I'm not sure if I'm using the correct terminology when I speak of "stringing patterns" in the context of this article. Often times, stringing patterns are used to refer to the type of pattern that racquet manufacturers design their racquets with. For example, open string patterns facilitate greater string potential. For the purposes of this article, I'm going to use "stringing pattern" to refer to string with just one type of string for the entire racquet and the new and popular fad in stringing, hybrid stringing.

Hybrid stringing is where the main strings (the vertical strings, which are parallel to the grip handle of the racquet) are strung with one string kind while the crosses (the horizontal strings, which are perpendicular to the grip handle of the racquet) are strung with another string kind. Hybrid stringing offers many advantages. More often than not, players who break strings often turn to this type of stringing. When strings break, they usually are the main strings. Hopefully, you're breaking the center strings too!!! If you're not, then you've got to start moving those feet or keep your eye on the ball... haha. There-

fore, your selected professional will use a durable string for the mains and a softer string for the crosses

to increase the durability of the string job overall. In addition, hybrid stringing can cut the cost of stringing not just by increasing the durability of the string job as described above, but also, by making an expensive set of strings last by blending it with a cheaper string and ultimately, making it last twice as long in sacrificing just some of the luxuries of the expensive string. Hybrid stringing can also allow you to dampen your proclivity to injury like tennis elbow or a sore shoulder from harsh tennis strings. For example, it is not suggested to string with just aramid/Kevlar strings. It would kill your elbows and shoulders, so you would blend it with something much softer. In my experience, the same goes for strings like Polygut. In terms of what to blend with what, it can vary according to your preference.

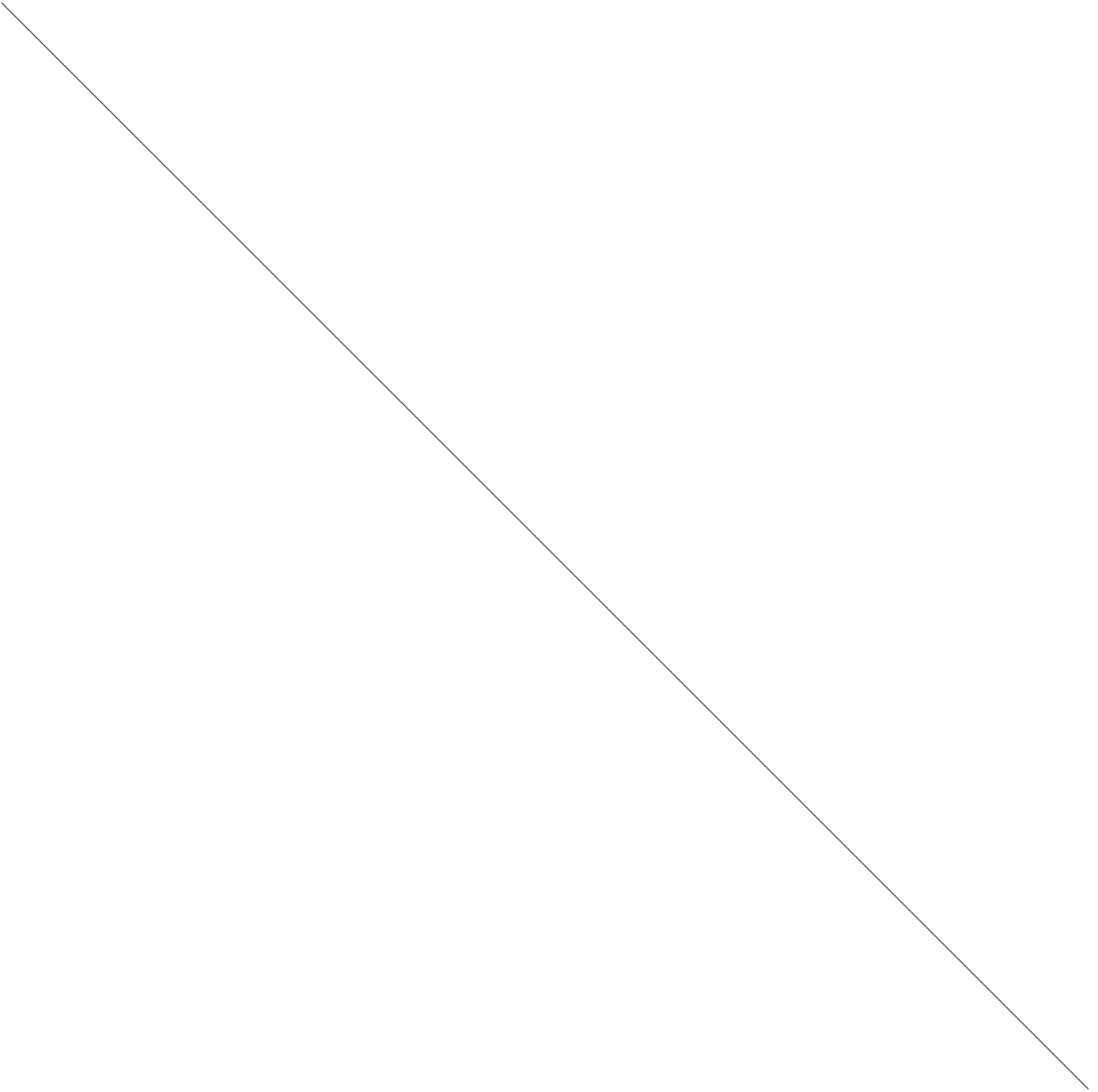
Finally, none of you diva tennis playahs can be without your accessories.

Shock absorbers/vibration dampeners, stencils, and string savers are some things that could affect your stringing. Obviously, shock absorbers/vibration dampeners will make the vibration from the strings be felt less and be less noisy. Thick rubber bands will also work too but it will give you more feel for the strings than what shock absorbers/vibration dampeners will do. Stencils just make you look and feel a little more professional, but more importantly, it helps you see where you're hitting the ball on the strings. String savers are teeny tiny rubber bands that you put where the main and cross strings meet to increase the durability of the string. They will extend a string's life by 1.5-2 times it's average life.

I hope that you enjoyed the article and perhaps, it was helpful too. See you at the courts! ... Karl 🟡

Polly would like to thank Karl Pongyingpis and also highly recommend him for your stringing needs. He's got great rates...and he's so darn cute! Give him a call at (619) 255-6460.





Golden Racquet Award

For Outstanding Contribution to the Federation, Tennis, and our Community

Valentine's Day is coming up. Time for flowers, candy, a romantic dinner at a fancy restaurant, and afterwards... Well, this is a tennis newsletter, so afterwards is best left to the imagination.

Since Valentine's Day is coming up, it also means that it is high time Baselines honored a couple who made a difference for the San Diego Tennis Federation. No imagination needed to figure out which couple to honor though.

Art Ekvall and Leon Ramos are not only one of the SDTF's cutest and personal able couples; together they've enhanced the SDTF and the San Diego community in a huge way. Each year they spearhead the holiday toy drive.

With so many toy drives going on during the holidays, you might think that no one would be interested in organizing another one, let alone have the energy to make it successful year in and year out.

Yet that's what these two have done. Life partners, partners on the court (they're a great doubles team!) and partners in community work. That's Art and Leon. Beginning in early November they begin to get

the word out about the Toys for Tots drive. Flyers, announcement, e-mails - the word gets around and the toys start flowing in.

They set aside space in their home, in friends' homes. They make extra trips to pick up toys. The pair even accommodates those who can't make it to Friday Night Doubles or the Holiday Party to donate by picking up (stuffed) lions and tigers and bears - oh my - and all manner of toys.

Art & Leon together have enhanced the SDTF and the community through the holiday toy drive...

Art and Leon bring joy to some young person who might otherwise not receive anything for Christmas. Very generous and thoughtful, wouldn't you say?

They bring the toys to a U.S. Marine's Toys for Tots drop off point. They make sure, however, to let know where the toys came from - the San Diego Tennis Federation. At least twice either Art or Art and Leon have appeared before television cam-

eras filming the activity and told the world

(okay San Diego) about the generosity of the San Diego Tennis Federation.

So, you see, their work not only helps kids, it helps the SDTF as well.

This year they changed their focus a bit. Learning that teens and toddlers are often overlooked during these drives, they asked Federation members to consider giving new toys and games appropriate for these kids.

For their work on the annual toy drive, for their devotion to and support of the Federation, and for their obvious devotion to and support of each other, Art and Leon deserve this month's Golden Racquet.

Happy Valentine's to the both of you! 🟡

Written by Rancy Breece, Membership Chair. If you have a nomination, send to newsletter@sdtf.org.



"You cannot do a kindness too soon, for you never know how soon it will be too late." - Ralph Waldo Emerson

Stump The Ump!

Get the "official" ruling to tennis questions that may arise on court from our own USTA Certified Umpire, Christopher Clarke

Dear Ump,

I was playing doubles and at the net when one of my opponents hit a short floater. Without touching the net, I reached over and put the ball away before it crossed the net. My opponent's claimed because I crossed the imaginary plane above the net, even though I hadn't touched the net, the point was theirs. Were they correct?

When there is no umpire on the court, *The Code* takes effect. In this case, only the offending player may make such a call (that is on yourself).

Thus, if I were playing in a match against Nick Tchou, and I saw him reach over the net and hit the ball before it crossed the net,

I would have to make my best play on it and only after the point was concluded, ask him: Did you hit that ball before it crossed the net? If his reply was: "No" then the discussion would be over and the match would proceed.

Unfortunately in this situation and that of touching the net and double bounces (technically known as "not ups") there is no recourse for the player that had such a misdeed perpetrated upon them.

By the way, if you stop the point and announce to your opponent that "he/she" reached over the net, suggesting that they committed a foul shot, you loose the point. In this case, it's not your call, but your opponents. A hard lesson to learn.

During a USTA sectioned event with

roving umpires, you can ask for an official, but that doesn't help much because the umpire cannot rule on an issue of "fact" when the event has already passed, such as the "was the ball really out or not?"

Really, players should carry this small booklet (the Rules of Tennis & The Code - available at www.usta.com for \$1.30 per copy) in their tennis bags because it can help solve problems when someone that is knowledgeable on the rules of tennis is not available. Many disputes have been resolved because someone had an abbreviated rule book on hand. 🟡

Send your questions for the Ump to newsletter@sdtf.org. Stump him and get a prize!

Getting to Know You...

Trey Gearhart



On court Trey Gearhart channels Stephan Edberg with a bit of Jimmy Connors and Martina Navratilova thrown in for good measure. You see it in his fluid, athletic grace that propels him around court.

He starts with a powerful, well-placed serve that you just manage to get a racquet on; blink and he's at the net putting your return away with an easy volley. Watch him lay into a forehand; then watch him drive that forehand cross court not just out of reach but so far out of reach that it's in another zip code. He finishes the game with an artful slice backhand that dips so low and curves so much you wish the shot had never been invented.

Off court he channels Christopher Reeves adding a bit of Tom Cruise and Tom Selleck to round it out. Watch him approach, powerfully built, confident and relaxed. He smiles in greeting and his penetrating blue eyes light up even more and his mouth widens into a rakish grin. At that moment even Superman would know that's not a banana you're hiding in your pocket.

Years ago this Chicago native tried his hand at the pro circuit. Played semi-pro, ranked in the 600's and working his way up when a car accident sidelined him.

A natural athlete, Trey started playing relatively late in life, first picking up a racquet at 12. He picked up the game quickly, his adopted father training him for the first few years. A natural (and consummate) competitor, he began entering and winning tournaments before honing his game with a coach at 16. The courts were his second home during high school and college.

The car accident on the way to a pre-qualifying tournament short-circuited his fledgling pro career. Back injuries and the long road to rehabilitation prevented him from getting back to tennis for a number of years.

A doctor told him not to even think about playing tennis. That's like telling Martina Navratilova that she can't play the majors anymore. The desire, the determination and the will to compete are all there, just beneath the surface and waiting to be unleashed.

After all this is a man who considers running up (and back down) Camelback Mountain near where he went to school

in Mesa, Arizona, a brief workout. Camelback is steep and rugged, monolith rising from the floor of the valley. It is a landmark and a challenge; sprint from the base to the peak and lower his time of 28 minutes even more.

This is also a man who has a mountain bike grafted to his body. Who thrives on the thrill and the challenge of trails that mere mortals shun. Who loves the unexpected drops and turns that serious biking sends his way. Whose biggest complaint about San Diego is the lack of challenging biking trails.

This is not a man who lets a doc advise him on anything. So play he did.

Trey first joined the SDTF in 1993, quickly making friends and making a name for himself. Don Natel was one of those who became friends with and championed the exceptional player. But what was exceptional play for the SDTF was frustrating for Trey.

"I just couldn't do the things I wanted to do," Trey observes. He played and improved steadily for 5 years. Ultimately, the gap between where he wanted to be, how he wanted to play and how he perceived himself was too great. He left the Federation and went into the equivalent of tennis seclusion.

"I didn't pick up a racket for 6 years," he says. "Didn't watch tennis on television, didn't read about it. Didn't even know who the Williams sisters were until recently!"

Like many young men, Trey discovered that he had a talent for the intricacies of programming and software design. After Trey graduated with a degree in business from Arizona State University he took positions in the technology support field.

As an IT Software Specialist with GenProbe - a local biotech company - Trey was asked to put together an internal web site. With no formal training he built a site that surpassed expectations and provided far more (and better) than the team originally envisioned.

Just as he fell in love with tennis when he picked up first racquet, Trey fell in love with web design when he keyed his first HTML code.

He went back to school and because a certified webmaster. He hung out a shingle and opened his own web design consult-

ing business. When business became lean, he returned to the corporate world (he still consults on the side) as an Operations Analyst with Capital One Auto Finance where he supports IT functions.

One gets the sense though that Trey, restless and energetic, will not be satisfied for long and will move on to other challenges. Back to school for more technical training and an MBA.

His passions and desire to better himself will propel him forward. Just as tennis drew him back to the Federation earlier this year. A couple of years ago a friend suggested strength training as a way to shore up the back and the muscles that were still affected by the accident.

Trey took the advice and began working out with a different goal in mind. More sure of himself he's begun playing steadily and even considering tournaments. And he'll get there when he's good and ready and on his own terms.

"I've got a lot of great shots," Trey observes. Anyone who watches him would readily agree and see nothing but perfection in the flawless form and style. Yet, in his mind, there's that doubt. "Yes, I've got lots of great shots," he reiterates, "but they are inconsistent."

Jimmy Connors is one of his idols, Martina Navratilova the other. "When I think of Connors, I think of someone who is a true professional. Who puts everything into every shot. Even when he was near retirement, he still loved what he did."

No doubt that Trey loves tennis and loves what he can do with that racquet in his hand. No doubt that he remain a self-proclaimed A player for long.

Open players, be on the lookout. The sound that you hear is not the pitter-patter of little feet. It's the sound of Trey approaching the net, making mincemeat of your return-of-serve, your game and your ladder standing. 🟡

Getting To Know You is written by Rancy Breece, Membership Chair.

Do We Have Your Current E-mail?

If not, you may miss SDTF news!

Beginning with the March issue, we will no longer be mailing Baselines to your home via postal mail. We will, however, be e-mailing each issue as a PDF file and it will also be available online at www.sdtf.org. Only a limited number of copies will be printed and available at Friday Night Doubles, Saturday Clinics, Team Tennis and other SDTF events.

Updating your e-mail address is EASY! To promote better electronic communication, SDTF has an Opt-in mailing list. In order to receive SDTF e-mail News and Updates, you must subscribe (it's FREE!) to the mailing list. This mailing list allows

you to subscribe and unsubscribe with the



e-mail address you want to receive SDTF e-mails. As a list subscriber, you may also submit a SDTF related e-mail distribution

to all members on the mailing list.

You must be an active SDTF member in order to subscribe to the mailing list. To subscribe or unsubscribe go to <http://lists.sdtf.org/mailman/listinfo/sdtf-news>. Please bookmark this URL for future use. If you have problems or questions with the mailing list, please e-mail webmaster@sdtf.org.

This subscription is for the mailing list only and any changes to your personal information (i.e. address, phone, e-mail) that needs to be on file with SDTF should be e-mailed to our Membership Chair, at membership@sdtf.org.

Thank you for your participation!

THE 2005 U.S. DAVIS CUP TEAM IS COMING TO SOUTHERN CALIFORNIA!*

**134 NATIONS. 1 DAVIS CUP.
THE BATTLE BEGINS MARCH 4.**

USA VS CROATIA, MARCH 4-6, CARSON, CALIFORNIA.
 Mike Bryan • Mardy Fish • Patrick McEnroe • Andy Roddick • Bob Bryan

UNITED STATES DAVIS CUP TEAM

HOME DEPOT CENTER

Don't miss our own Chris Clarke umpire this match!

Shopping, anyone?

Welcome to the SDTF Member's Market Place

Ads and announcements for members are free! If you have a business, apartment, service, or item you would like to list, send to newsletter@sddf.org by the 15th of each month.



West Coast Center for Integrative Medicine
Jennifer Moffitt
www.acunut.com

Storm
INTERNATIONAL FLORIST
Since 1963
800.748.5467
Michael Safino

obelisk
(619) 297-4171

BALBOA
TENNIS CLUB

RAYCO
TENNIS
(619) 295-5362

"The fragrance always stays in the hand that gives the rose."
- Hadia Bejar

*"Do all the good you can.
By all the means you can.
In all the ways you can.
In all the places you can.
At all the times you can.
To all the people you can.
As long as ever you can."*
- John Wesley

HILLCREST. \$1250. Large and spacious 1100sf, 2 bedroom, 1 bath apartment on a quiet cul-de-sac street in a classic Spanish style 4-unit building. A few blocks from Balboa Club, Morley Field Tennis Center! The home is clean and charming with lots of character and quiet neighbors. Includes enclosed porch with your own washer/dryer! No pets or smoking. Available mid February 2005. 3639 Wilshire Terrace. (It's near Balboa Park, feel free to drive by) Call Ed Ruegg at 619-220-0222 or Patricia at Dakota Property Management 858-688-1345 or 858-549-3000.

*There is the body
And in it the heart
And in the heart that small spirit
As large as space.
Heaven and earth are in it,
Fire and air,
Sun and moon,
Lightning and stars,
And whatever there is of the Self
Here in the world,
And whatever has been
Or will be.
All that is contained
Within the heart.*
--The Khandogy-Upanishad

BASELINES

The Newsletter of the San Diego Tennis Federation

PLACE
STAMP
HERE

We are excited to bring back
BASELINES
to keep you up to date
on SDTF news.



Beginning with the March issue,

in order to help us save money on postage, copy fees, and trees,

BASELINES will be e-mailed to you and will also be
available online at www.sdtf.org.

Hard-copies will be available at Friday Night Doubles, Jerry's Clinic, & Team Tennis.

If you are *still* interested in receiving **BASELINES** via postal mail,
please e-mail newsletter@sdtf.org to let us know.

Thank you!

San Diego Tennis Federation
P.O. Box 3547
San Diego, CA 92103-1547
www.sdtf.org

